

Our promise.

We promise to maximize the abilities of each participant by providing a **healthy, nurturing and safe environment**. In concert with our partners, the VCU Health System's Departments of Gerontology and Geriatrics, families and participants may elect to participate in a variety of activities designed to **promote the strengths of the individual and the family**.



VCUHS ADULT DAY SERVICES PROGRAM

607 N. 10th St.—N-Deck Parking
PO Box 980013
Richmond, VA 23298

Webaddress: www.vcuhealth.org/careers
(please click on "Benefits" and refer to "Family Care Center.")

For more information, please contact:
Phone: 804-828-8027
804-828-5605
Fax: 804-828-4442
E-mail: dcaras@mcvh-vcu.edu
pmoon@mcvh-vcu.edu

VCU Health System Adult Day Services Program

Helping participants. Helping families.



VCU Health System
Virginia Commonwealth University
MCV Hospitals and Physicians

family
CARE

VCU Health System Adult Day Services Program

Our mission.

We pledge to **reduce stress** and **promote family harmony** by providing a quality family care option for adults. Our promise to each family unit is to:

- Help all adult participants realize their personal goals and promote their individual strengths;
- Maintain each participant's highest level of social interaction and physical skills;
- Ensure that each family is given the support to make appropriate decisions regarding their adult family member;
- Provide opportunities for intergenerational interactions within a unique shared site family care center.

Our program.

We invite families to visit our adult day program for a personal tour of our new facilities. Highlights of the VCUHS Adult Day Services program include:

- A **homelike** environment.
- **Quality** daytime care is provided for eight adults who require minimal intervention services.
- Activities and care planning are **individualized** with a focus on **socialization** and utilizing each participant's skills, interests and abilities as a guide. Music therapy, art therapy, gardening, cooking and sightseeing are examples of the **interactive programs** that are offered to participants.
- Our unique proximity to the VCUHS Child Care Center offers participants the ability to benefit from **intergenerational** activities such as music and holiday parties.

- **Support services** are provided to promote each participant's highest level of physical and mental functioning.
- **Health assessment** and monitoring.
- Family **counseling** is available to assist the whole family in care management, while providing education and support.
- **Transitions** both within and outside of the program are facilitated to ensure support for both the family and the participant.
- **Convenient hours** of operation are 7 a.m.—6 p.m. Monday through Friday.
- **VCUHS employees** are given priority placement opportunities but the program is open to VCU employees and students, and others living in the Richmond area.